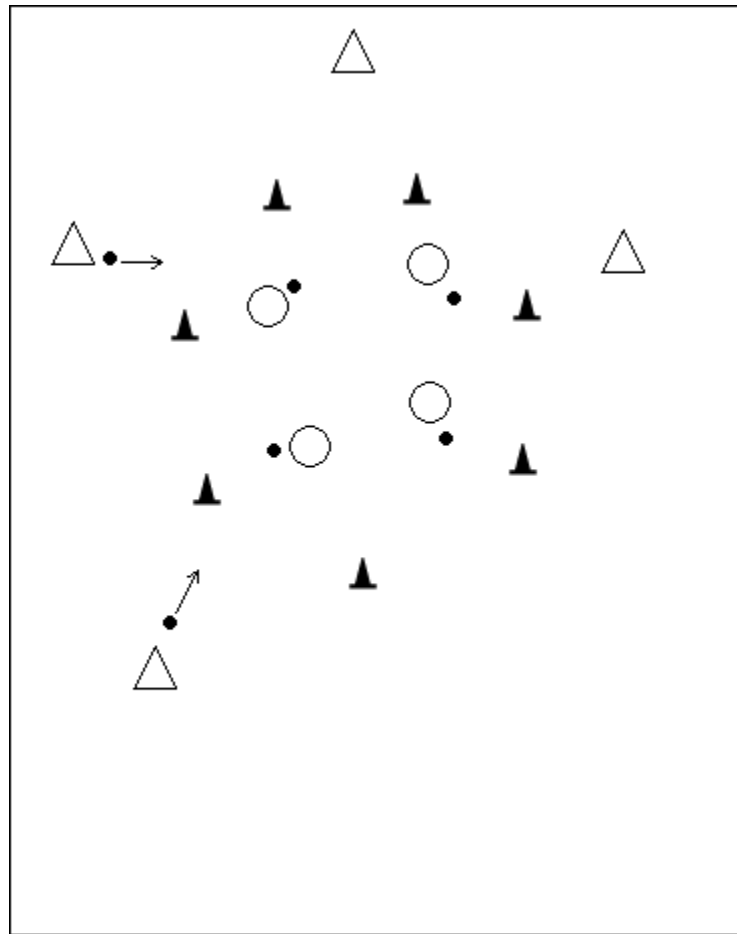


DODGE BALL



DODGE BALL - push pass and dribbling

Setup - Use cones to make a large circle.

The Game- Players on the outside of the circle "push pass" the ball back and fourth to their partner who is also outside the circle and tries to hit the players in the middle of the circle with the soccer ball. All passes must be on the ground.

Variations- Depending on the skill level, the players inside the circle can dodge (the push passes) without a soccer ball the next step would be adding giving each player a ball that he or she must retain will avoiding the passes. Progress to players inside the circle must dribble a soccer ball.

Players should be given turns inside and outside the circle. Volunteers or parents may be used as passers.