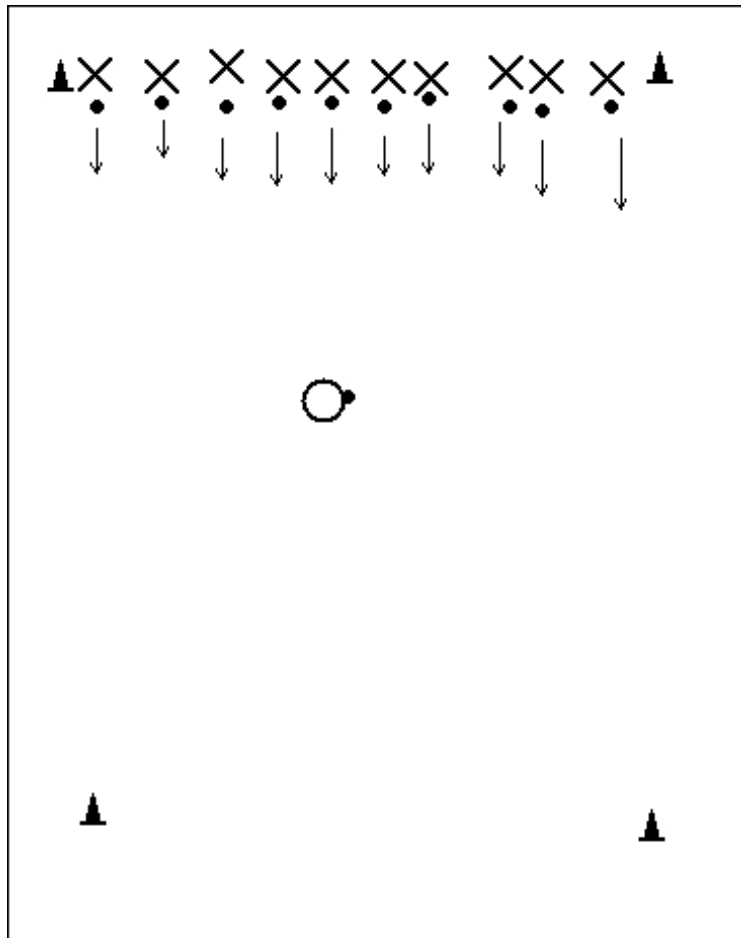


TAG



TAG - Dribbling with soccer ball.

Setup - create a grid 20 yards X 40 yards. Start with one player in the middle (this person is "it". The remaining players line up one end of the grid with a soccer ball at their feet.

Object of the game. ON THE COACHES' WHISTLE, players dribble from one end of the grid to the other with out being tagged (having ball taken away) by "it". If a player is tagged they ALSO become "it". Dribblers stop when they get to the other end of the grid and wait for coaches' whistle before heading back to the next side. In the beginning - it is 10 dribblers to one "tagger". The next time back it might be three taggers to 7 dribblers. As the drill progress the taggers will out number the dribblers.

COACHING POINTS - heads up, maintain control, check with the ball and then explode.